



Partnering with PATCH: Integrating Trauma-Informed Care and Resilience into a Youth-Led Program

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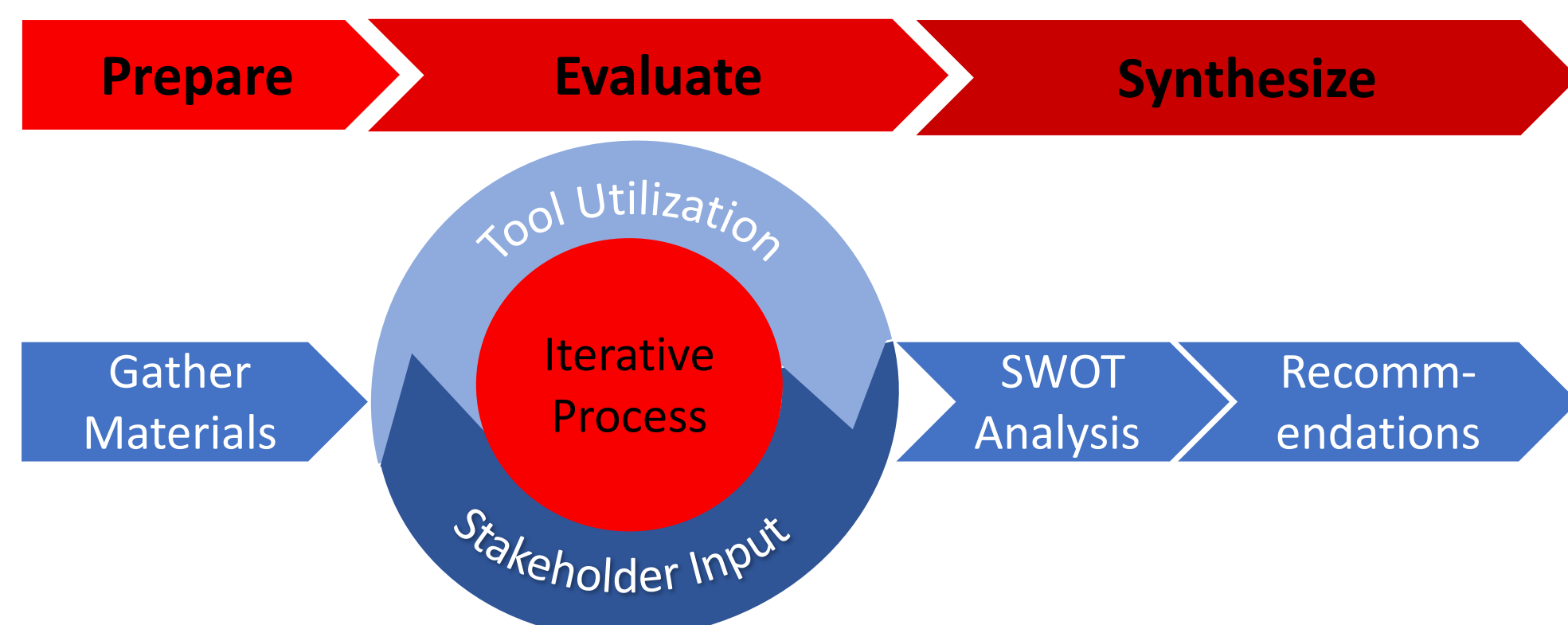
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BACKGROUND

- Trauma is common in our society
- Healthcare providers are well suited to recognize and respond to youth who have experienced trauma but lack adequate training on trauma-informed care (TIC) and resilience
- PATCH offers youth-driven educational programming for providers and teens, aimed at improving adolescent health
- TIC and resilience principles could be integrated into PATCH trainings, serving as a bridge for this gap.

METHODS



Investigation Phase

- Literature review and 10 expert interviews conducted to gain a strong foundation of TIC and resilience
- Ideal-state curricular objectives regarding TIC and resilience developed

Evaluation Phase

- Objectives-centered approach used to evaluate PATCH materials on their fidelity to these objectives
- Nine interviews with PATCH stakeholders conducted to gain insight on optimal integration of TIC and resilience principles into its program

Synthesis Phase

- Evaluation findings summarized into a Strengths, Weakness, Opportunities and Threats (SWOT) Analysis
- SWOT analysis used to create five key recommendations for PATCH

A novel trauma-informed care and resilience evaluation process was successfully piloted on the PATCH Teen Educator Program. Youth organizations are vital partners in creating more trauma-informed communities.

SWOT ANALYSIS

Strengths	Weaknesses	Opportunities	Threats
<ul style="list-style-type: none">• Positive Youth Development model• Relationships• Safe spaces• Intergenerational equity• Opportunities for education and reflection	<ul style="list-style-type: none">• Lack of trauma, TIC, and resilience definitions• Lack of explicit integration of these principles• No formal TIC training• Diversity and reach	<ul style="list-style-type: none">• Training enrichment• Integration of TIC principles into interactive nature of workshops• Expansion of 3Rs• PATCH for Parents• Supplemental workshop material for participants	<ul style="list-style-type: none">• Funding• Sensitive nature of this material• Time limitations• Fidelity to PATCH program• Community buy-in

RESULTS

- Evaluated PATCH curricula currently does not explicitly address many objectives related to TIC and resilience
- However, many of these principles are implicitly woven into the content.
- On an organizational level, PATCH demonstrated high fidelity to TIC and resilience principles in nearly all assessed domains
- Key stakeholder takeaways supported these evaluation findings.

KEY RECOMENDATIONS

Based on the evaluation of PATCH curricula and stakeholder interviews, **five recommendations** were made for how PATCH can better promote TIC and resilience:

1. Facilitate TIC and resilience training
2. Incorporate TIC and resilience scenarios into workshops
3. Add language about TIC and resilience into PATCH's mission, vision, and values
4. Recruit and support Teen Educators who may have experienced trauma
5. Bolster the PATCH for Parents toolkit

