

Care Beyond the Classroom-Field Trips and Extracurricular Activities

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Learning Objectives

As a result of this DiSH Session participants will be able to...

1. Identify applicable statutes when determining required school health services such as diabetes management.
2. Analyze the steps to take to provide for students with diabetes participating in fieldtrips or other extracurricular activities
3. Modify in-person care plans to account for circumstances in extracurricular activities. (Covered in discussion portion.)

Applicable Laws

- Health services for routine school-sponsored activities are required under Wisconsin statutes [121.02\(1\)\(g\)](#) and [PI 8.01\(2\)\(g\)](#).
- Includes but not limited to curricular, co-curricular and extra-curricular activities.



EXTRA-/CO-CURRICULAR ACTIVITIES

School-sanctioned activities intended to broaden, develop, and enhance a student's school experience in the areas of academics, athletics, and music. **Participation is not required, and the group or event is not offered for credit or grade.** In general, the Wisconsin Uniform Financial Accounting Requirements (WUFAR) describes co-curricular activities as "instructional activities under the guidance and supervision of school staff designed to provide students such experiences as motivation, enjoyment, and improvement of skills. **(They) supplement regular instructional activities and include band, chorus, speech and debate, (and) athletics.**

<https://dpi.wi.gov/wisedash/help/glossary>

What about medication administration?

Check your district medication policy to determine if medication administration is considered a delegated procedure. Medication administration is not required to be delegated per Wisc. Stat. sec. 118.29.

Applicable Laws

- **Two federal laws provide guidance to school districts for the provision of nursing services**
- **Section 504 of the Rehabilitation Act and the Individuals with Disabilities Act (IDEA)**



Applicable Federal Laws

- **Section 504**-anti-discrimination law requiring school districts to ensure that students with disabilities have an equal opportunity to participate in academic, nonacademic, and extracurricular activities available to all students enrolled in the school district.
- **Individuals with Disabilities Act (IDEA)**- requires school districts to by implementing an individual educational program (IEP) designed to meet each child's unique academic, physical, and social emotional needs. The individualized education program must include health and nursing services if these are necessary for the student tov receive a free, appropriate public education



Care Beyond the Classroom

- Cannot exclude student from a field trip or activity due to a medical condition or other disability.
- Cannot require parent/guardian to accompany child.

Factors to Consider when Determining the Need for Health Services on a Field Trip/Extracurricular Activity

- **Applicable state and federal (student) accessibility laws**
- **Location (venue) , accessibility, type of activity, health care needs of students attending trip/activity**
- **State(s) Nurse Practice and medication administration laws**

Steps to take

- Determine student need(s)
- Determine available staff
- Determine if care is a procedure that needs nursing delegation or only staff awareness and/or training
- Provide training/written instructions or care plan



Determine student need(s)

Time and length of activity

**Amount of physical activity/exercise
(concert vs soccer match)**

**Independence level of student to self-
manage diabetes**

Meals of snacks (need for bolus)

Pump suspended during activity



Resources

- [Emergency Nursing Services](#)
- [Meeting Student Health Needs While on Field Trips – Tool Kit for Wisconsin Schools \(2019\)](#)

What can you do to modify the care?

- Can student assume more self-responsibility?
- Train different staff to follow EAP or Health Plan
- What parts of the care plan can be changed?
- Is EMS a reasonable back up plan?
- Use of school nurse at another site? Use of a student nurse?